

Resources Across Michigan

This is broken up by major cities to make it easier to find the resources in your area.

Each link will take you directly to options in each city and surrounding areas.

For any resources not listed, call 2-1-1.

In emergency situations, immediately call 9-1-1.

Detroit

- [Housing & Homelessness Assistance](#)
- [Food Assistance](#)
- [Various Support Groups](#)

Lansing

- [Housing & Homelessness Assistance](#)
- [Food Assistance](#)
- [Various Support Groups](#)

Grand Rapids

- [Housing & Homelessness Assistance](#)
- [Food Assistance](#)
- [Various Support Groups](#)

Ann Arbor

- [Housing & Homelessness Assistance](#)
- [Food Assistance](#)
- [Various Support Groups](#)

Traverse City

- [Housing & Homelessness Assistance](#)
- [Food Assistance](#)
- [Various Support Groups](#)

Flint

- [Housing & Homelessness Assistance](#)
- [Food Assistance](#)

- [Various Support Groups](#)

Kalamazoo

- [Housing & Homelessness Assistance](#)
- [Food Assistance](#)
- [Various Support Groups](#)

Saginaw

- [Housing & Homelessness Assistance](#)
- [Food Assistance](#)
- [Various Support Groups](#)

Marquette

- [Housing & Homelessness Assistance](#)
- [Food Assistance](#)
- [Various Support Groups](#)

Mental Health Support

- [National Alliance of Mental Illness](#)
 - Helpline: 1-800-950-6264
 - Available Monday through Friday, 10 a.m. to 6 p.m. ET
- [Community Mental Health](#)
- [National Suicide Prevention Lifeline](#)
 - Helpline: 1-800-273-8255