



**UNIVERSITY
RECREATION**

CENTRAL MICHIGAN UNIVERSITY

Student Activity Center

October 3rd - October 30th (October Hours)

Welcome Back to the SAC!

CMU Students, CMU Faculty/Staff, and Community Members



Important Dates:

October 9-12: Fall Wellness Break
-12pm-8pm daily

October 16: Football Game Day (Homecoming)
-5pm-8pm

October 23: Football Game Day
-TBD* pending announced game time

*Please see our social media pages for details.

   @URECCMU

AREA

MON-FRI

SAT

SUN

Fitness Center

8am-10pm

12pm-8pm

12pm-10pm

Pool*

**11am-1pm/
5pm-9pm**

2pm-8pm

2pm-8pm

Weight Training Center

**11am-1pm/
4pm-10pm**

2pm-8pm

2pm-8pm

*See Calendar for Pool hours that include that include classes and practices