

<b>Meal Allowances – Including Tips</b>			
<b>Meal</b>	<b>Must be Traveling Before and After</b>	<b>Standard Allowance</b>	<b>High-Cost Cities</b>
Breakfast	7:00AM to 8:30AM	\$9.00	\$11.00
Lunch	11:30AM to 2:00PM	\$14.00	\$17.00
Dinner	5:30PM to 7:00PM	\$23.00	\$28.00
Maximum Allowance:		\$46.00	\$56.00

**High-Cost Cities (this list is all-inclusive):**

- AZ Sedona + City Limits of Sedona
- CA Eureka/Arcata/McKinleyville + Humboldt County
- CA Mammoth Lakes + Mono County
- CA Mill Valley/San Rafael/Novato + Marin County
- CA Monterey + Monterey County
- CA Oakhurst + Madera County
- CA Point Arena/Gualala + Mendocino County
- CA San Diego + San Diego County
- CA San Francisco + San Francisco County
- CA San Luis Obispo + San Luis Obispo County
- CA Santa Barbara + Santa Barbara County
- CA Santa Monica + city limits of Santa Monica
- CA Santa Rosa + Sonoma County
- CA West Sacramento/Davis + Yolo County
- CA Yosemite National Park + Mariposa County
- CA Truckee + Nevada County
- CO Aspen + Pitkin County
- CO Crested Butte/Gunnison + Gunnison County
- CO Denver/Aurora + Denver/Adams/Arapahoe/Jefferson Counties
- CO Durango + La Plata County
- CO Grand Lake + Grand County
- CO Silverthorne/Breckenridge + Summit County
- CO Steamboat Springs + Routt County
- CO Telluride + San Miguel County
- CO Vail + Eagle County
- CT New London/Groton + New London County
- DC District of Columbia + Washington DC (also cities of Alexandria, Falls Church and Fairfax, and Fairfax, in Virginia; and the counties of Montgomery and Prince George's Maryland)
- FL Cocoa Beach + Brevard County
- FL Gulf Breeze + Santa Rosa County
- GA Jekyll Island/Brunswick + Glynn County
- HI Entire State
- IL Chicago + Cook/Lake Counties
- KY Kenton + Kenton County
- LA New Orleans + Orleans/Jefferson Parishes
- MA Boston/Cambridge + Suffolk County, city of Cambridge
- MA Falmouth + City limits of Falmouth
- MA Hyannis + Barnstable County less the city of Falmouth

MA Martha's Vineyard + Dukes County  
MA Nantucket + Nantucket County  
MA Northampton + Hampshire County  
MA Pittsfield + Berkshire County  
MD Baltimore City + Baltimore City County  
MD Centreville + Queen Anne County  
ME Kennebunk/Kittery/Sanford + York County  
MI Ann Arbor + Washtenaw County  
MI East Lansing/Lansing + Ingham/Eaton Counties  
MI Grand Rapids + Kent County  
MI Holland + Ottawa County  
MI Mackinac Island + Mackinac County  
MI South Haven + Van Buren County  
MI Traverse City Leland + Grand Traverse/Leelanau Counties  
MN Eagan/Burnsville/Mendota Heights + Dakota County  
MN Duluth + St Louis County  
MN Minneapolis/St. Paul + Hennepin/Ramsey Counties  
NH Lebanon/Lincoln/West Lebanon + Grafton County  
NY Floral Park/Garden City/Great Neck + Nassau County  
NY New York City + Bronx/Kings/new York/Queens/Richmond Counties  
NY Riverhead/Ronkonkoma/Melville + Suffolk County  
NY Tarrytown/White Plains/new Rochelle + Westchester County  
OH Cincinnati + Hamilton/Clermont Counties  
OR Seaside + Clatsop County  
PA Hershey + Hershey County  
SC Charleston + Charleston/Berkeley/Dorchester Counties  
SD Hot Springs + Fall River/Custer Counties  
UT Moab + Grand County  
UT Park City + Summit County  
VA Abingdon + Washington County  
VA Charlottesville + City of Charlottesville/Albemarle Counties  
VT Burlington + Chittenden County  
VT Manchester + Bennington County  
VT Stowe + Lamoille County  
VT White River Junction + Windsor County  
WA Port Angeles/Port Townsend + Clallam/Jefferson Counties  
WA Seattle + King County  
WA Tacoma + Pierce County  
WY Cody + Park County  
WY Jackson/Pinedale + Teton/Sublette Counties