First Aid Kit

- Two pairs of Latex or other sterile gloves
- Sterile dressings to stop bleeding
- Cleansing agent/soap and antibiotic towelettes
- Antibiotic ointment
- Burn ointment
- Adhesive bandages in a variety of sizes
- Eye wash solution to flush the eyes or as general decontaminant
- Thermometer
- Prescription medications (rotate to account for expiration dates)
- Prescribed medical supplies (glucose, blood pressure monitoring equipment)
- Non-prescription drugs (aspirin, anti-diarrhea medication, antacid, laxative)
- Scissors, tweezers, tube of petroleum jelly or lubricant

Pets

- Identify shelter for pets
- Have up to date tags with current information
- Attach evacuation site address if separated
- Wet food is better than dry
- 3 day supply of medications
- Have copies of medical records

Federal Emergency Management Agency
Washington, DC 20472

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Environmental Health and Safety
250 E. Bellows
Smith Hall 103
Mt. Pleasant, MI 48858
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### Basic Disaster Supplies Kit

#### Food Needs
- ☐ 3 day supply, per person
- ☐ Non-perishable items
- ☐ Choose salt free crackers, whole grain cereals, and canned food with high liquid content
- ☐ Find alternatives to cook food: grills, chafing dishes, fireplaces
- ☐ Keep refrigerator and freezer doors closed for as long as possible

"WHEN IN DOUBT, THROW IT OUT"

#### Miscellaneous
- ☐ Fire extinguisher
- ☐ Matches
- ☐ First aid kit
- ☐ Extra prescription medications, glasses/contacts
- ☐ Battery or hand crank radio
- ☐ Flashlight with extra batteries
- ☐ Whistle
- ☐ Dust mask
- ☐ Wrench to turn off utilities
- ☐ Copies of important documents for insurance purposes
- ☐ Moist towelettes/garbage bags
- ☐ Manual can opener
- ☐ Feminine hygiene supplies
- ☐ Extra cash
- ☐ Sleeping bags/blankets
- ☐ Extra clothes: (jacket, long pants, etc.)

#### Water
- ☐ 1 gallon of water per person, per day
- ☐ 3 day supply
- ☐ Store in cool, dark place
- ☐ Don’t open until needed
- ☐ Water needs double in warm temperature
- ☐ Boil contaminated water 1 full minute for safe consumption
- ☐ Never ration water, you can always find more