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Human
Resources

Benefits & Wellness



2020 MESSA Open Enrollment

The annual **Open Enrollment** period for the MESSA medical plan is **Monday, October 21 through Friday, November 1, 2019**. Please read this message carefully. It contains important information regarding your MESSA medical coverage and deadline to submit the election form.

Take action only if you want to:

- Change your MESSA medical plan;
- Add or remove a dependent from your medical coverage; and/or
- Waive medical coverage.

Don't take action, you will be automatically enrolled in your current MESSA medical plan with the same dependent coverage for the 2020 calendar year. If you currently waive medical coverage, you will not have medical coverage in 2020.

To change your medical coverage (e.g. change MESSA plans, add/drop dependents or waive coverage), you must return a completed MESSA Open Enrollment Election form to the CMU Benefits & Wellness office by **Friday, November 1, 2019 at 5:00pm ET**. The election form is available online by clicking [here](#).

Changes to your MESSA medical benefits will be effective January 1, 2020 through December 31, 2020. The new payroll contributions will appear on your first paycheck of the 2020 calendar year.

Important note: This Open Enrollment is just for the MESSA medical plan. All other benefit elections (e.g. dental, vision, life insurance, disability, FSA) remain in effect through the end of the CMU benefit plan year, June 30, 2020.

For questions, see the Frequently Asked Questions by click [here](#).

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