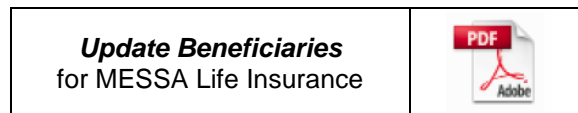


**MESSA No longer requires paper forms to process new enrollments,
status changes or updates to your home address.**

**IF YOU NEED TO UPDATE YOUR CIGNA LIFE INSURANCE (LINA) BENEFICIARY, you may
click on the form below:**



**Beneficiary Form can be sent directly to MESSA, if you have any questions you may
contact them at 800-292-4910:**

MESSA Group Services
1475 Kendale Blvd.
PO Box 2560
East Lansing, MI 48826-2560