

# Honors Service Activity Record

## *Semester Report*

Student Name: \_\_\_\_\_ ID Number: \_\_\_\_\_

	Description of Service Activity	Date of Service	Hours Worked	Contact Information for Site Supervisor	Approved by Honors Staff
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

**Based on the activities you listed above, please answer the following question:**

*Your responses are important to Honors assessment and your feedback is used to enhance future programming.*

***What was the most meaningful aspect of your service (explain):***

## **Community Service (both local and global)**

### Examples:

- Mobile Food Pantry/Soup Kitchen
- Blood Drive
- Animal Shelter Volunteer
- Lunch Buddies
- Adopt-a-Grandparent
- Volunteering at a place of worship (VBS, Sunday school, etc.)
- Volunteer Coaching (Girls-on-the-Run, Little League)
- Fundraising and Philanthropy work for charities, non-profits
- Big Brothers/Big Sisters
- Adopt-A-Highway
- Nursing Homes/ Senior Centers
- Salvation Army Bell Ringer
- Relay for Life

## **Service to the University**

### Examples:

- Academic Senate Committee Student Representative
- Honors Council Representative
- Campus Ambassador Position
- Leadership Safari Guide
- Leadership Camp Facilitator
- SAPA
- REACH Peer Advising (Resumes)
- Tutoring (tutoring must be unpaid work; and it must be a formalized tutoring program)
- HON 100 or HON 300 Teaching Assistant / FYE Mentor
- Centralis Day Volunteer/CMU & You Day volunteer
- Mainstage Volunteer
- Study Abroad Peer Advisor
- Committee Work

## **Service within your Discipline**

### Examples:

- Volunteer on a political campaign (political science major)
- Mentor at-risk youth at an afterschool program (teacher education major)
- Assist with a weekend free health-care clinic (pre-med students)
- Provide free tax services to low-income families (business major)
- Paint mural for non-profit (art major)
- Volunteer at a conference in your discipline

## **Service Learning Experience**

### Examples:

- Honors Service Learning Courses
- Non-Honors Service Learning Course
- Alternative Breaks

## **Service with Diverse Communities**

### Examples:

- David Garcia Project (Disabilities Awareness)
- Alternative Breaks in the U.S. and abroad
- Conversation Partners with International Students
- Volunteering at the Pow Wow
- Special Olympics
- Mentoring at-risk children
- Volunteering for College 101
- Inner-city service projects/rural special populations projects
- Religious volunteering/Mission Trips

## **Issue Education/Awareness**

### Examples:

- Cardboard City (Hunger and Homelessness Week)
- Invisible Children
- Eating Disorders Programming
- Helping with Special Week/Month Programming (i.e. Black History Month, Women's History Month, Gay Pride Week, Native American Month, Hispanic Heritage Month, Asian Awareness Month, etc.)
- Voter Registration
- Safer Sex Patrol

## **PROTOCOL REQUIREMENTS**

- Honors students are required to complete a minimum of 120 Hours of service on the Honors Protocol
- Service hours will be submitted using the Honors Service Report each semester in order to receive credit for the hours served
- Try to accumulate 30 hours a year; 15 a semester; which is about 1 hour a week
- No more than 30 hours in any one activity can be counted in one academic year (fall, spring, summer)
- No more than 60 hours total can be counted in one activity

*For example, if you are a campus ambassador your sophomore year, the most campus ambassador hours you can count for that academic year is up to 30 hours, even if you completed more than 30 hours. If you do it again during your junior and senior years, you cannot submit more than 60 hours for the campus ambassador position over the course of all your years in college.*

### **What does NOT count as service:**

- Service, internships, or work for which you are paid
- Service to relatives
- Membership hours in a registered student organization, club, or off-campus organization. You can, however, count any hours you completed with the club/organization doing an actual service project. (Meeting attendance does not count as service hours)
- RA/MA positions (as they are compensated positions)
- Research experience with a faculty member (while valuable, and could lead to a senior project, will not count on the Honors Protocol)